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## Strengths in Communication

Each of us has our own strengths as a Communicator. Some people are naturally direct, confident and can see the big picture (Dominant). Others are naturally warm, fun, engaging and optimistic (Influence). Some are more reserved, care deeply and want harmony in relationships (Steadiness) while others can be analytical, deep thinking, and love detail (Compliance).

Each of us tends to naturally lean toward one of the four traits listed above. Knowing what your own traits are, how you express them and how you connect best with others is critical to healthy relationships both professionally and personally.

In our workshops we use the DISC model for communication styles because it is simple, it is engaging and it is easy to remember. Below is a summary of the four styles. If you would like to know more about how this model may relate to you or in your team contact Kylie at Teamology on 1300 707 481, or email [enquiries@teamology.com.au](mailto:enquiries@teamology.com.au).

To understand how your style effects your capacity to deal with difficult people book now for our next workshop.

**How to Book?** - Contact Teamology on 1300 707 481 for more information or email us at [enquiries@teamology.com.au](mailto:enquiries@teamology.com.au).

