

DEVELOPING SMART GOALS

SMART = Specific, Measureable, Achievable, Results-Focused and Timely

Goal	SMART Goal
1.	What:
	How:
	Why:
	When:
	Completed Goal:
2.	What:
	How:
	Why:
	When:
	Completed Goal:
3.	What:
	How:
	Why:
	When:
	Completed Goal:
4.	What:
	How:
	Why:
	When:
	Completed Goal:



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Goal	SMART Goal
5.	What:
	How:
	Why:
	When:
	Completed Goal:
6.	What:
	How:
	Why:
	When:
	Completed Goal:
7.	What:
	How:
	Why:
	When:
	Completed Goal:
8.	What:
	How:
	Why:
	When:
	Completed Goal:



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